

Important Notice

Bundelkhand University, Jhansi is ready to fight with Epidemic Novel Corona Virus "COVID-19", Let's stay strong and fight the COVID-19 outbreak by taking all precautionary measures. Stay safe, be vigilant and most importantly remember, prevention is better than cure. Please take care everyone.

Bundelkhand University has setup a helpline to resolve the queries related to Novel Corona Virus. Any query can be made through whatsapp on following numbers-

- i. 9473583251
- ii. 9839462439

Please check following precautions suggested by WHO(World health Organization) to stay safe at your home.



Bundelkhand University, Jhansi

Wash your hands

Wash your hands with soap and running water when hands are visibly dirty



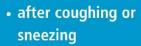


World Health Organization If your hands are not visibly dirty, frequently clean them by using alcohol-based hand rub or soap and water

Protect yourself and others from getting sick Wash your hands



World Health Organization



- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste





Protect others from getting sick

When coughing and sneezing cover mouth and nose with flexed elbow or tissue





Throw tissue into closed bin immediately after use

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick



World Health Organization

Protect others from getting sick



Avoid close contact when you are experiencing cough and fever

Avoid spitting in public





If you have fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider



STAY HEALTHY WHILE TRAVELLING

Avoid travel if you have a fever and cough





If you have a fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider







STAY HEALTHY WHILE TRAVELLING

When coughing and sneezing cover mouth and nose with flexed elbow or tissue - throw tissue away immediately and wash hands



If you choose to wear a face mask, be sure to cover mouth and nose avoid touching mask once it's on

Immediately discard single-use mask after each use and wash hands after removing masks



STAY HEALTHY WHILE TRAVELLING If you become sick while travelling, inform crew and seek medical care early If you seek medical attention, share travel



history with your health care provider





Practise food safety

Even in areas experiencing outbreaks, meat products can be safely consumed if these items are cooked thoroughly and properly handled during food preparation.

World Health Organization



Practise food safety

Use different chopping boards and knives for raw meat and cooked foods





World Health Organization Wash your hands between handling raw and cooked food.

Practise food safety

Sick animals and animals that have died of diseases should not be eaten



World Health Organization



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dry thoroughly with a single

use towel to turn off faucet

and your hands are safe

WHEN TO USE A MASK

For healthy people wear a mask only if you are taking care of a person with suspected 2019nCoV infection

Wear a mask, if you are coughing or sneezing

Masks are effective only when used in combination with frequent hand-cleaning with alcohol-based hand rub or soap and water

If you wear a mask then you must know how to use it and dispose of it properly



